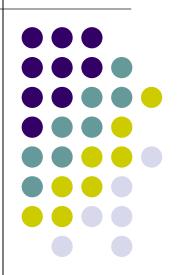
# **Counseling Considerations**

MTN 005 Study-Specific Training



#### **Overview**



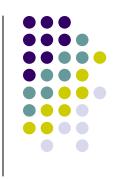
- Contraceptive Counseling
- HIV pre- and post-test counseling
- STI/HIV risk reduction counseling
- Seroconversion counseling
- Study product
- Protocol adherence counseling
- Documentation

### **Contraceptive Counseling**



- According to Protocol Section 5.3, women must be using an effective method of birth control throughout the study:
  - Hormonal contraceptives
  - IUD
  - Study provided male condoms
  - Sterilization (participant or her male partner)

### **Contraceptive Counseling**



 Guide and support the participant in making the best choice for her and in maintaining adherence to an effective method.

 The participant's pregnancy intentions should also be assessed.

### **Contraceptive Counseling**



- Are contraceptives offered at your clinical sites?
  - Which ones?
- Where do you refer potential participants for contraceptives?
- If participants begin oral contraceptives when they begin the study, be conscience of the cause of potential adverse events, particularly spotting





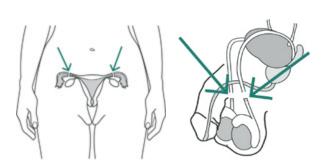


















### HIV Pre- and Post-Test Counseling



- HIV testing will occur at the Screening and 16-Week/ Study Termination visit, and when clinically indicated.
- HIV pre- and post-test counseling will occur in conjunction with a participant's HIV test.
  - Client-centered approach to assess participant knowledge, dispel misconceptions, ensure readiness for testing and understanding of results

## STI/HIV Risk Reduction Counseling



- STI/HIV risk reduction counseling is required at every study visit
  - Client-centered approach utilizing open-ended questions, probe for further information, guide participant in identifying her risk factors and barriers to risk reduction

Strategize, action plan to address barriers

## STI/HIV Risk Reduction Counseling



- Condoms should be offered at every visit
- Who at your site is responsible for risk reduction counseling?

### Seroconversion Counseling



- In the event of a seroconversion, site staff can refer to the MTN-005 SOP that describes HIV treatment and care
  - This may simply be procedures for providing appropriate referrals to local care facilities
  - Post-test counseling for HIV testing should also include support and appropriate referrals

What is standard for your site?

### **Protocol Adherence Counseling**



- Participants must agree to abstain from non-study vaginal products and practices:
  - Spermicides
  - Diaphragms
  - Vaginal antibiotic or antifungal medication
  - Sex toys
  - Lubricants or condoms that contain silicone
  - Menstrual cup and douching

## Study Product Adherence Counseling



- At Enrollment, 4-Week and 8-Week visits (IVR group only):
  - Product use instructions
  - Study product use counseling
- SSP Section 15.3 and the Adherence Counseling checklists outline the key messages for study product adherence counseling.

### **Counseling Checklist**



#### Section Appendix 12-2b Enrollment, 4-Week and 8-Week Follow-up Visit Counseling Checklist

PTID:	Visit Code:	Date:
HIV Risk Reduction Counseling	Product Use Adherence Counseling	Contraceptive Counseling
□ Perform HIV risk reduction counseling per site SOPs.	<ul> <li>Wash your hands thoroughly before and after study product insertion and/or removal.</li> </ul>	☐ What me thod of contraception are you currently using?
□ Offer condoms.	Try not to remove the ring for the entire 12 week period of the vaginal ring regimen except as directed during study visits, even during menses.	
Comments:	<ul> <li>□ If the ring accidentally comes out of your vagina before your next clinic visit, clean it with warm water and put it back in your vagina.</li> <li>□ If you have any problems putting the ring back in your vagina, call or come to the clinic.</li> </ul>	☐ Have you experienced any problems with your current form of contraception?
	☐ Contact study staff if you have any questions or need another study vaginal ring between visits. ☐ The study staff are here to help and support you. Please contact us if you have: ☐ Problems inserting the vaginal ring ☐ Any other problems (such as partner or family issues)	☐ Do you plan to continue using this method throughout study participation?
	Comments:	Comments:
Signature/Date:	Signature/Date:	Signature/Date:

#### **Documentation**



- All <u>counseling</u> activities should be documented in chart notes and/or visit checklists
- These will not be documented on case reports forms

### **Questions?**



